

Growing Up Wild

Equipment List for Backpacking

Clothing

- 1 sweater/warm long sleeve shirt
- 1 long pants
- 1 shorts
- 1 swim suit
- 4 pairs of socks
- 4 pair of underwear
- 3 short-sleeve shirts
- 1 brim hat for day-time
- 1 Beanie for night-time

Camping Gear

- 1 pair of hiking boots or shoes
- Flashlight with new batteries
- Mess kit (camping bowl, cup, and utensils)
- Water bottle

Toiletries

- 1 Towel
- Comb/Brush
- Toothbrush and toothpaste
- Sunscreen
- Chap stick
- Deodorant

Extras

- Camera
- Journal and pen
- Sunglasses
- Compass
- Book to read
- Binoculars
- Healthy snacks

Growing Up Wild has access to a lending library of all major camping gear. Please let us know your needs for gear in advance so we can secure it for you.